

## BH 2023 10K Age Categories

| 10K Age Group Results for Male 20-29 based on Finish time         |       |                   |             |             |             |             |     |
|---|-------|-------------------|-------------|-------------|-------------|-------------|-----|
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 173   | Jeremy Noguero    | 06:55:46.03 | 07:42:49.51 | 00:47:03.48 | 00:07:35.00 | 29  |
| 2   | 219   | Bernard Farquhars | 06:55:48.44 | 07:47:09.02 | 00:51:20.57 | 00:08:17.00 | 29  |
| 3   | 179   | Adrian Stubbs     | 06:55:49.51 | 08:08:38.15 | 01:12:48.64 | 00:11:45.00 | 28  |
| 10K Age Group Results for Male 30-39 based on Finish time         |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 189   | Anthony Saunders  | 06:55:41.51 | 07:38:13.13 | 00:42:31.61 | 00:06:51.00 | 36  |
| 2   | 230   | Dion Cunningham   | 06:55:46.51 | 07:41:20.98 | 00:45:34.46 | 00:07:21.00 | 39  |
| 3   | 194   | Jyles Turnquest   | 06:55:48.89 | 07:56:24.98 | 01:00:36.08 | 00:09:46.00 | 37  |
| 10K Age Group Results for Male 40-49 based on Finish time         |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 214   | Curtis Miller     | 06:55:44.20 | 07:40:37.45 | 00:44:53.24 | 00:07:14.00 | 48  |
| 2   | 231   | Enrico Toote      | 06:55:45.69 | 07:42:07.38 | 00:46:21.69 | 00:07:29.00 | 40  |
| 3   | 226   | Jason Maynard     | 06:55:44.09 | 07:42:44.91 | 00:47:00.82 | 00:07:35.00 | 46  |
| 10K Age Group Results for Male 50-59 based on Finish time         |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 171   | Kevin Sweeting    | 06:55:52.54 | 07:55:45.72 | 00:59:53.17 | 00:09:40.00 | 53  |
| 2   | 207   | Otis Ferguson     | 06:55:46.57 | 07:55:46.04 | 00:59:59.46 | 00:09:40.00 | 55  |
| 3   | 196   | Edmund Rahming    | 06:55:45.85 | 07:56:00.95 | 01:00:15.10 | 00:09:43.00 | 50  |
| 10K Age Group Results for Male 60 and over based on Finish time   |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 182   | Een Colebrooke    | 06:55:44.38 | 08:01:33.52 | 01:05:49.13 | 00:10:37.00 | 60  |
| 2   | 177   | Tom McDermott     | 06:55:45.64 | 08:09:50.42 | 01:14:04.78 | 00:11:57.00 | 63  |
| 3   | 163   | Dave McCorquodale | 06:55:46.51 | 08:12:22.93 | 01:16:36.41 | 00:12:21.00 | 67  |
| 10K Age Group Results for Female 20-29 based on Finish time       |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 166   | Holly Sands       | 06:55:49.67 | 08:11:47.20 | 01:15:57.52 | 00:12:15.00 | 28  |
| 2   | 223   | Ashley Burrows    | 06:55:51.83 | 08:26:42.60 | 01:30:50.77 | 00:14:39.00 | 28  |
| 3   | 205   | Gabrielle Banks   | 06:55:52.71 | 08:29:52.49 | 01:33:59.78 | 00:15:10.00 | 26  |
| 10K Age Group Results for Female 30-39 based on Finish time       |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 225   | Tineka Goncalves  | 06:55:48.47 | 07:46:15.91 | 00:50:27.44 | 00:08:08.00 | 39  |
| 2   | 206   | Erin Fox          | 06:55:44.20 | 07:52:15.46 | 00:56:31.26 | 00:09:07.00 | 39  |
| 3   | 143   | Brave Brave       | 06:55:40.90 | 07:56:49.59 | 01:01:08.69 | 00:09:52.00 | 32  |
| 10K Age Group Results for Female 40-49 based on Finish time       |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 156   | Iola Knowles      | 06:55:47.69 | 07:49:08.30 | 00:53:20.60 | 00:08:36.00 | 41  |
| 2   | 181   | Sarah Chemaly     | 06:55:48.11 | 07:49:27.20 | 00:53:39.09 | 00:08:39.00 | 40  |
| 3   | 180   | Lana Rademaker    | 06:55:47.84 | 07:49:30.47 | 00:53:42.62 | 00:08:40.00 | 43  |
| 10K Age Group Results for Female 50-59 based on Finish time       |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 192   | Louise Munroe     | 06:55:44.76 | 07:47:18.99 | 00:51:34.22 | 00:08:19.00 | 54  |
| 2   | 145   | Z Eve Maycock     | 06:55:41.86 | 07:48:33.59 | 00:52:51.72 | 00:08:31.00 | 59  |
| 3   | 213   | Denise Abrahamse  | 06:55:49.16 | 07:51:17.60 | 00:55:28.44 | 00:08:57.00 | 52  |
| 10K Age Group Results for Female 60 and over based on Finish time |       |                   |             |             |             |             |     |
| Place   | Bib # | Name              | Start       | Finish      | Total       | Pace        | Age |
| 1   | 228   | Anne Lowe         | 06:55:46.51 | 08:03:44.69 | 01:07:58.17 | 00:10:58.00 | 67  |
| 2   | 159   | Ebbie Jackson     | 06:55:42.64 | 08:06:01.89 | 01:10:19.25 | 00:11:20.00 | 60  |
| 3   | 204   | Kelly Banks       | 06:55:52.24 | 08:28:28.95 | 01:32:36.71 | 00:14:56.00 | 60  |